

**Backlit Console Display**

18-cm / 7-inch blue backlit LCD console display provides constant feedback.

**Race-inspired Handles**

Feature contoured elbow rests for comfort and enhanced ergonomics.



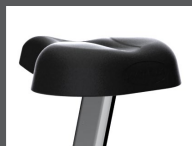
FEATURES	
Contact & Telemetric HR	Yes
Handlebar Design	Full racing style with elbow support
Integrated Arm Rests	No
Remote Buttons	No
Ethernet Port	No
Bottle Holder	Yes

CONSOLE	
Display Type	18 cm / 7" blue backlit graphic LCD
Display Feedback	Time, Distance, Calories, Speed, Level, Watts, METs, Heart Rate, Workout Profile
User-defined Multi-language Display	No - Accessible through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese
Resistance Range	1-20
Workouts	Manual, Interval+ (Hill Interval, Random Interval), Goal+ (Time Goal, Distance Goal, Calories Goal), Multi FX+ (Constant Watts, Random), Heart Rate+ (Target HR, Weight Loss), Fit Test
CSAFE Ready-FitLinxx Certified	Yes
Netpulse Compatible	No
FitTouch Technology	No
Instant On Technology	No
One-button Start	Yes
On-the-fly Program Change	Yes
Integrated Vista Clear Television Technology	No
FITCONNECTION Ready	Yes
WiFi Enabled	No
Multimedia Playback	No
iPod® Compatible	No
Nike + iPod® Compatible	No
Personal Fan	No
USB Port	No
Virtual Active Compatible	No
Asset Management Compatible	No
Web Connectivity	No
Facility Communication Portal/Calendar	No
Pause Function	Yes
Reading Rack	Yes

RESISTANCE SYSTEM	
Resistance Technology	Hybrid generator

TECH SPECS	
Crank Design	Three piece
Power Requirements	Self-powered
Minimum Watts	12 self-powered
Minimum RPM	30 self-powered
Assembled Dimensions	105 x 65 x 131 cm / 41.4" x 25.7" x 51.5"
Max User Weight	182 kg / 400 lbs.
Assembled Weight	63.5 kg / 140 lbs.
Shipping Weight	69.9 kg / 154 lbs.

All Matrix Fitness cardio equipment complies with ErP standards.

**Ergo Form Seats**

Our seats encourage proper body alignment and support.

**Self-generated Power**

Maintenance-free drive requires no power.