

# YORK 7000 Series C-I Bike

**YORK**<sup>®</sup>  
**FITNESS**

## PERFORMANCE

- 40 levels magnetic resistance.
- 180kg max user weight.
- 13.5kg flywheel.
- Ergonomic designed arms
- Seat Height and Forward/back adjust.

## PROGRAMS

- 25 (Goal 1,P1-12,Watt 1,User 1-7, HRC 1-4).

## RESISTANCE

- EMS.

## INTERFACE

- Hand pulse sensors.
- 7" Blue back light LCD display.
- Wireless receiver.
- Self Generating & Power Plug.

## ELECTRONIC

- Jack Plug Input.
- USB Charger input.
- MP3 Player input.
- Speaker system.

## CONVENIENCE

- Bottle & Tablet-Book Holder.
- Wheels for easy transportation.

**YORK**  
**ASSIST**  
**1800 730 149**



**YORK Code: 53079**

# YORK 7000 Series C-II Recumbent Bike

**YORK**<sup>®</sup>  
**FITNESS**

## PERFORMANCE

- 40 levels magnetic resistance.
- 180kg max user weight.
- 13.5kg flywheel.
- Seat Height and Rake Adjust.

## PROGRAMS

- 25 (Goal 1,P1-12,Watt 1,User 1-7, HRC 1-4).

## RESISTANCE

- EMS.

## INTERFACE

- Hand pulse sensors.
- 7" Blue back light LCD display.
- Wireless receiver.
- Self Generating & Power Plug.

## ELECTRONIC

- Jack Plug Input.
- USB Charger input.
- MP3 Player input.
- Speaker system.

## CONVENIENCE

- Bottle & Tablet-Book Holder
- Wheels for easy transportation.



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# YORK 7000 Series R-I Rower

# YORK<sup>®</sup> FITNESS

## PERFORMANCE

- 20 levels magnetic resistance.
- 180kg max user weight.
- 9kg flywheel.

## PROGRAMS

- 9 (Goal 1,P1-5,Watt 1,User 1,HRC 1).

## RESISTANCE

- PMS.

## INTERFACE

- Hand pulse sensors.
- 7" Blue back light LCD display.
- Wireless receiver.
- Power Plug.

## ELECTRONIC

- Jack Plug Input.
- USB Charger input.
- MP3 Player input.
- Speaker system.

## CONVENIENCE

- Tablet-Book Holder.
- Wheels for easy transportation.



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# YORK 7000 Series X-I Cross Trainer

**YORK**<sup>®</sup>  
**FITNESS**

## PERFORMANCE

- 40 levels magnetic resistance.
- 180kg max user weight.
- 13.5kg flywheel.
- Ergonomic designed arms.

## PROGRAMS

- 25 (Goal 1,P1-12,Watt 1,User 1-7, HRC 1-4).

## RESISTANCE

- EMS.

## STRIDE

- 20" stride length.

## INTERFACE

- Hand pulse sensors.
- 7" Blue back light LCD display.
- Wireless receiver.
- Self Generating & Power Plug.

## ELECTRONIC

- Jack Plug Input.
- USB Charger input.
- MP3 Player input.
- Speaker system.

## CONVENIENCE

- Bottle Holder & Tablet-Book Holder
- Wheels for easy transportation.



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