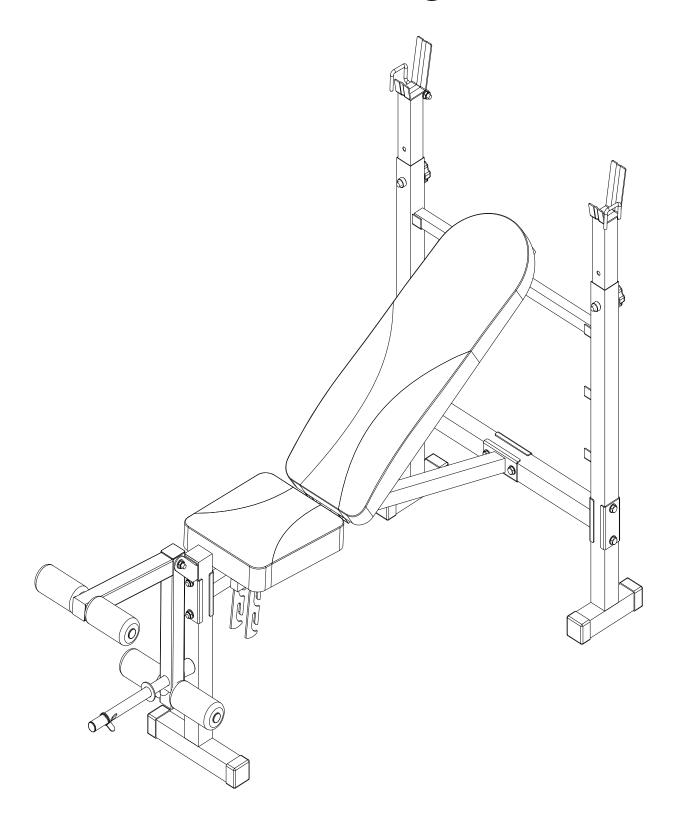
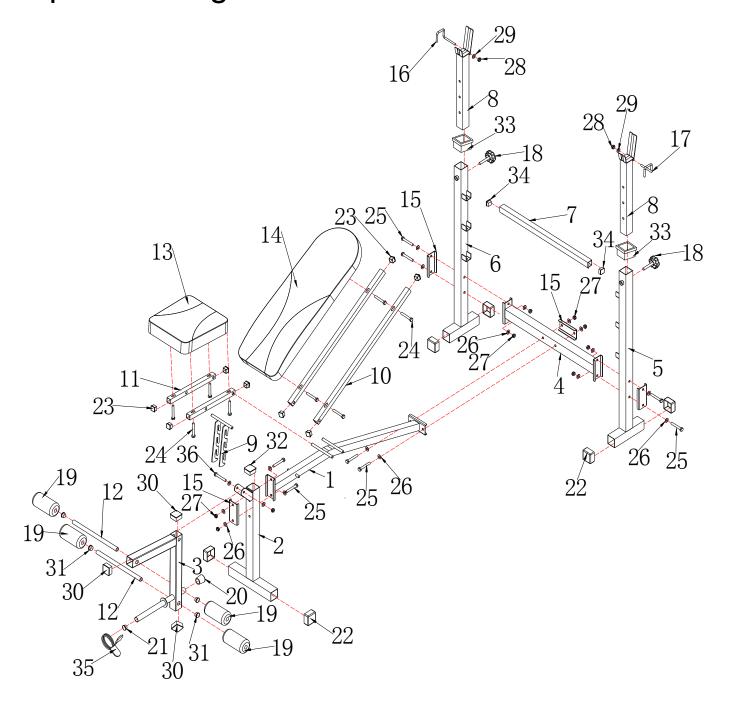


## HS7501W Weight Bench



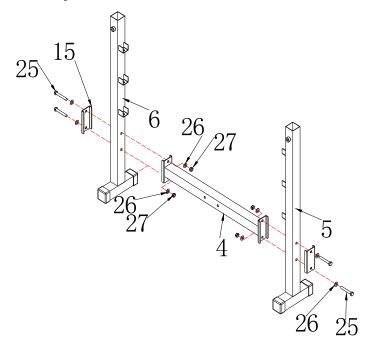
## Exploded diagram



## Part list

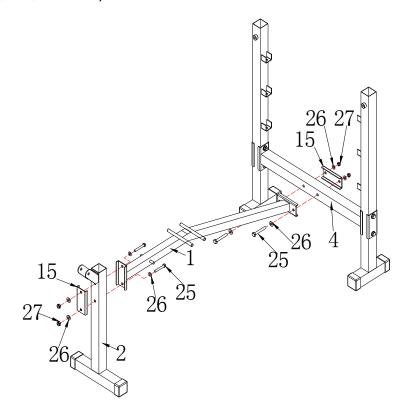
PART NO	DESCRIPTION	Q'TY	PART NO	DESCRIPTION	Q'TY
01	Frame	1	22	50Square Outer Cap	6
		-			+
02	Front Leg	1	23	25 Square Inner Cap	8
03	Leg lever	1	24	M8*40Bolt	8
04	Support Tube	1	25	M10*70 Bolt	8
05	Right Crutch	1	26	∮ 10 Washer	16
06	Left Crutch	1	27	M10 Nut	9
07	Backrest Ht. Bar	1	28	M8Nut	2
08	Barbell Ht. Bar	2	29	∮ 8 Washer	2
09	Seat Ht.	1	30	38 Square Inner Cap	3
10	Backrest Tube	2	31	∮ 19 Rounder Inner Cap	4
11	Seat Tube	2	32	50 Square Inner Cap	1
12	Foam Pad Tube	2	33	Square Sleeve	2
13	Seat	1	34	30 Square Inner Cap	2
14	Backrest	1	35	Spring collars	1
15	Steel Plate	4	36	M10*65 Bolt	1
16	Left Bar Holder	1			
17	Right Bar Holder	1			
18	Knob bolt	2			
19	Foam Pad	4			
20	25 Round Bumper	1			
21	∮ 25 Rounder Inner Cap	1			

## Assembly step

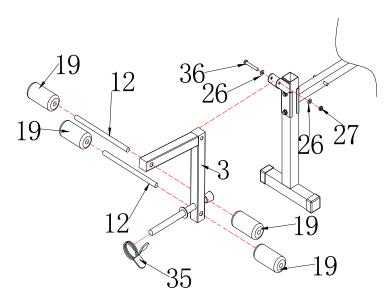


1. Attach Right Crutch (5) and Left Crutch (6) to Support Bar (4) with Steel Plate (15)

Bolts and Nuts (25, 26, and 27)

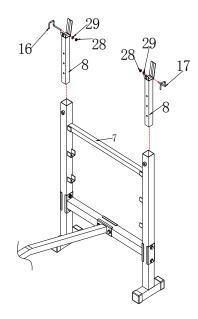


- 1. Attach the Frame (1) to Support Bar(4) with Steel Plate (15) Bolts and Nuts (25, 26, and 27)
- 2. Attach the Front Leg (2) to Frame (1) with Steel Plate (15) Bolts and Nuts (25, 26, and 27)

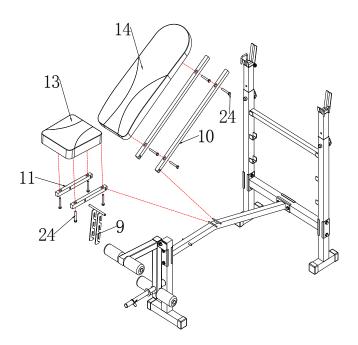


- 1. Attach Leg lever(3) to Front leg(2) with Bolts and Nuts (36,26and 27)
- 2. place Spring collars (35) on the ends of Leg lever(3)
- 3. Insert Pad tube (12) through Leg lever (3). Slide a Foam pad (19) onto each end of

the pad tube.



- 1. Place the Backrest Ht. Bar(7) as picture
- 2. Insert the Barbell Ht. Bar(8) to Right Crutch (5) and Left Crutch (6)
- 3. Insert the Left Bar Holder(16) and Right Bar Holder(17) to the top of Barbell Ht. Bar(8) with 29,28 as picture



- Insert the Backrest tube(10) to the welded tube on the Frame(1) as picture, attach the Backrest (14) to Backrest tube(10) with Bolts (24)
- 2. Insert the Seat Ht. (9) to the hole on the Seat Tube(11)
- 3. Insert the Seat tube(11) to the welded tube on the Frame(1) as picture, attach the

Seat (13) to Seat tube(11) with Bolts (24)

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