



PRO-300LP

- ADJUST WORKOUT WEIGHT IN 1KG INCREMENTS (by adding .05kg plates)

- EASILY ADD UP TO 60kg of WEIGHT TO STACK

- LEG EXTENSION

- LEG CURL

- LAT PULL

- TRICEP PRESS DOWN

- MID PULLEY ABB CRUNCH

- LOW PULLEY/ROW

- CHEST PRESS

- PEC

- SEATED ROW

- BICEP CURL

- LEG PRESS x 1.5 ratio = up to 135kg (445lb!) When 60kg added to stock

- WEIGHT STACK 75 kgs /165lbs

- MAX WEIGHT 135kg /300lb
(with 60kg /132lb of plates added)



Bull horn
1in dia attachment rod
60kg of weight can be added
Weight plates not included

