



SINGLE CABLE COLUMN

Product Code: L810DP

- Adjustable High / Low Pulley
- 160 LB Steel Weight Stack with Weight Guards

Features:

- **Exercise Stations** - Fully adjustable free cable design, can achieve High Pulley, Low Pulley, Leg Kick, Pectoral Fly
- **Frame** - Heavy Duty Steel Tubing Construction with High Quality Metallic Powder Coating
- **Weight Stack** - 160 LB precision milled steel plates with nylon bushings for smooth action
- **Cable** - 900 KG (2000 LB) tested, the most flexible nylon coated high tensile air craft cable
- **Pulley** - Fibreglass strengthened nylon pulleys with sealed ball Bearing

Includes: 2x Short Handles

Assembly Dimensions:
1080 mm (L) x 980 mm (W) x 2100 mm (H)

FUNCTIONAL TRAINER

Product Code: L820X

- Dual Adjustable Pulley Machine
- 2x 160 LB Steel Weight Stack with Weight Guards

Features:

- **Exercise Stations** - Fully adjustable free cable design, can achieve High Pulley, Low Pulley, Leg Kick, Pectoral Fly. Also includes Multi-Position Chin Up Station
- **Frame** - Heavy Duty Steel Tubing Construction with High Quality Metallic Powder Coating
- **Weight Stack** - 2x 160 LB precision milled steel plates with nylon bushings for smooth action
- **Cable** - 900 KG (2000 LB) tested, the most flexible nylon coated high tensile air craft cable
- **Pulley** - Fibreglass strengthened nylon pulleys with sealed ball Bearing

Includes: 2x Short Handles, 2x Long Handles,
1x Cross Lat / Squat Bar

Assembly Dimensions:
1080 mm (L) x 980 mm (W) x 2100 mm (H)

